

# SAN DIEGO BUSINESS JOURNAL

## NEWSMAKERS

# Scripps Cardiologist Honored for His Efforts to Save Young Lives

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*Kudos/Giving*

Scripps Health cardiologist Dr. John Rogers was honored at the annual Parent Heart Watch Conference in Raleigh, N. C., for his commitment to sudden cardiac arrest prevention in nearly 10,000 teens. Rogers is president of the San Diego Chapter of the Sudden Cardiac Arrest Association, and he volunteers his time as medical director of the Eric Paredes Save A Life Foundation. The local foundation was established to honor the Steele Canyon High School teen who lost his life at 15 to SCA in 2009. The foundation strives to educate parents, educators, physicians and elected officials on the prevalence of SCA among teens.

Sudden cardiac arrest is the number two killer of youth under 25. San Diego alone loses nearly half a dozen annually to this syndrome that is fatal in 92 percent of cases if not treated within minutes. Under Rogers' leadership



since its founding in 2010, Eric's Foundation has found 1 in 100 teens at risk. With a 100-member volunteer corps, Rogers facilitates cardiac screenings designed to uncover these undetected abnormalities. Screenings

are quick, painless and noninvasive (no needles or x-rays). Parents can register youth online at [EPSaveALife.org](http://EPSaveALife.org). Kudos to Dr. John Rogers. Thank you.