Eric Paredes Sudden Cardiac Arrest Prevention Act
(CA Education Code Sections 33479 – 33479.9)

• Takes effect July 1, 2017.

• Requires the Department of Education to post on its website guidelines, videos, and an information sheet on the symptoms of sudden cardiac arrest to inform and educate pupils and parents, and to train coaches about the nature and warning signs of sudden cardiac arrest.

• Affects public, private, and charter schools and requires pupils (K-12) and their parents or guardians to sign an acknowledgement of receipt and review of the sudden cardiac arrest symptoms information sheet provided by the school before pupils participate in an athletic activity each year. Note: Does not apply to pupils engaging in an athletic activity during the school day as part of physical education.

Athletic activity includes: Interscholastic athletics; athletic contests, scrimmages and practices sponsored by a school; cheerleading and club-sponsored sports.

• Requires a pupil who passes out or faints while participating in or immediately following an athletic activity, or who is known to have passed out or fainted while participating in or immediately following an athletic activity to be removed from participation by the athletic director, coach, athletic trainer, or other authorized person.

A pupil exhibiting any other signs of sudden cardiac arrest (fainting, seizures during exercise, unexplained shortness of breath, chest pains, dizziness, racing heart, or extreme fatigue) during athletic activities may be removed from participation by the athletic director or authorized person if it’s reasonably believed that it’s cardiac related.

• Requires pupils removed from play to be evaluated and cleared by a physician/surgeon, nurse practitioner or physician assistant before returning to participate.

• Requires coaches of athletic activities to complete the sudden cardiac arrest training course provided on the web sites of the Department of Education, the California Interscholastic Federation, or the Eric Paredes Save A Life Foundation every two years.