

Scorecard for AB379 Compliance



Sudden Cardiac Arrest Prevention Protocol for School and Community Youth Sports

AB379 now requires the same protocols used for concussions to be used to help protect young athletes participating in school and community youth sports organizations from sudden cardiac arrest—the #1 killer of young athletes.

Community youth sports organizations include an organization, business, nonprofit entity, or a local governmental agency that sponsors or conducts amateur sports competitions, training, camps, or clubs in which persons 17 years of age or younger participate.

✔ Sudden Cardiac Arrest Prevention Training

- ▶ Annual Sudden Cardiac Arrest prevention education to each coach, administrator, referee, umpire or other game official of the youth sports organization
- ▶ Must be completed either online or in person, before supervising an athlete in any activity

Resources

- Free 20-Minute Sudden Cardiac Arrest Online Training Course (Downloadable Certificate of Completion)

✔ Parent/Guardian/Youth Information Sheet with Signature

- ▶ Annually provide Sudden Cardiac Arrest information sheet to each athlete
- ▶ Signature required from participants age 6+, and from parents of participants under age 18
- ▶ Signed form returned to sports organization before the youth participates in any athletic activity

Resources

- Sudden Cardiac Arrest Fact Sheet
- Sample Fact Sheet Cover Letter and Signature Page

✔ Removal/Return to Play Protocol

- ▶ A participant in an athletic activity who has passed out or fainted, or has symptoms suspected to be cardiac related, must be immediately removed from the athletic activity
- ▶ Parent/guardian is notified of observed condition and any treatment provided
- ▶ Participant must be evaluated by a licensed healthcare provider who is trained in the evaluation and management of cardiac conditions
- ▶ Return to play permitted with written clearance from the licensed healthcare provider

Resources

- Sample Sudden Cardiac Arrest information for email/newsletter/website
- 8.5 x 11 posters on warning signs and the cardiac chain of survival
- Warning Signs and Risk Factors Videos
- KeepTheirHeartInTheGame.org

✔ Noticing Sudden Cardiac Arrest Information

- ▶ School/organization posts procedures to ensure compliance with the requirements for providing Sudden Cardiac Arrest prevention protocol and remove/return to play procedures
- ▶ School/organization will post/share Sudden Cardiac Arrest education materials that reference:
 - cardiac conditions and their potential consequences
 - signs and symptoms of Sudden Cardiac Arrest
 - what to do in the event of a cardiac emergency: **Call 911, perform hands-only CPR, and use an automated external defibrillator (AED)** if it is available