

Cardiac Risk Assessment in Youth



Making Sudden Cardiac Arrest Prevention Part of Your Practice

Presented by John Rogers, M.D. and the Eric Paredes Save A Life Foundation

Monday February 3 or Monday, February 10 • 6:15 pm Sign In; 6:30–8 pm Dinner & Presentation

Seasons 52 at University Town Center • 4505 La Jolla Village Dr., San Diego, CA 92122 • Complimentary Dinner and Valet Parking

Training provided by UC Irvine—Office of Continuing Medical Education, San Diego State University Institute of Public Health and the American Academy of Pediatrics, CA Chapter 3.

CME Accreditation: This activity has been approved for *AMA PRA Category 1 Credit™*



Register Here

Nursing Credits Granted By The Institute For Public Health: Provider approved by the California Board of Registered Nursing, Provider Number CEP17194, for 2 contact hours.

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Studies show cardiac consideration is an often overlooked area of assessment, with practitioners, parents and patients largely unfamiliar with warning signs and risk factors that require follow-up. Join us for an in-depth discussion of what primary care practitioners can do to incorporate evidence-based sudden cardiac arrest prevention protocol into their practices and equip youth to be their own heart health advocates.

Course Outline:

- Incidence, Mortality, Disparities, Etiology
- Prevention
 - Recognition of warning signs and symptoms
 - Tools and processes to assess risk
 - Family history solicitation
 - Physical exam
 - Diagnostic follow up
- Screening and follow up with family members after SCD
- Championing prevention

Sudden Cardiac Arrest is the **LEADING CAUSE OF DEATH** on school campuses

#1 KILLER of student athletes

1 IN 300 YOUTH HAS AN undetected heart condition that puts them at risk

Records show at least **12 SAN DIEGO** YOUTH are lost each year



About The Presenter

Dr. Rogers, a cardiovascular disease and electrophysiology specialist at Scripps Health for nearly three decades, is passionate about SCA prevention in youth. He has been the volunteer Medical Director of the Eric Paredes Save A Life Foundation for ten years, facilitating free heart screenings for nearly 33,000 adolescents, finding more than 500 with previously undiagnosed cardiac abnormalities.



<https://epsavealife.org/what-we-do/cme>