

SIDELINED

★ ★ ★ USA ★ ★ ★

PROVIDING **FREE RESOURCES** TO
YOUR PERMANENTLY-SIDELINED PATIENTS
AND THEIR FAMILIES TO PROMOTE
A MEANINGFUL WAY FORWARD



OUR MISSION



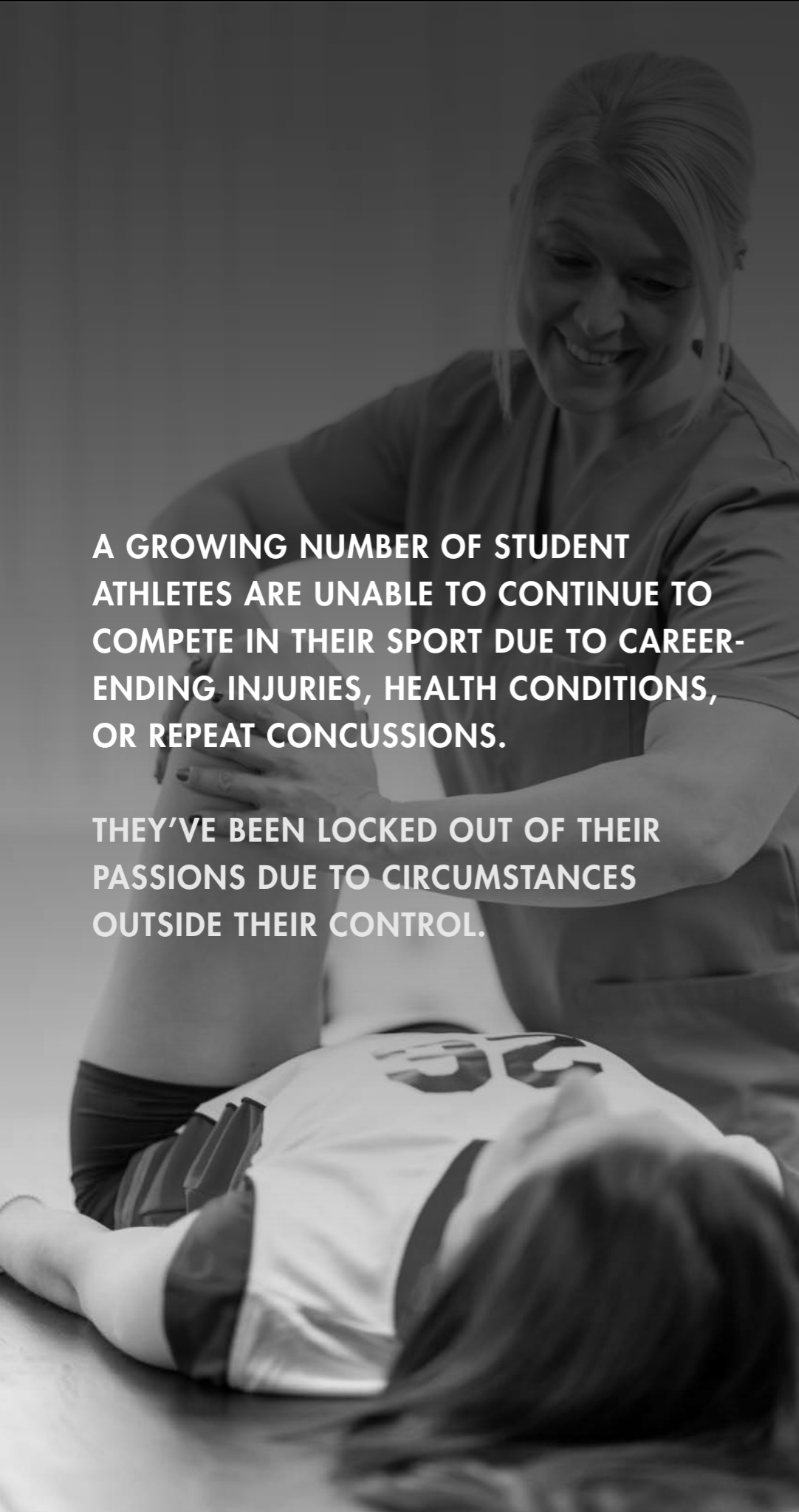
Sidelined USA is a 501c3 non-profit organization which exists to reunite permanently-sidelined athletes with their passions and to inspire them to find a meaningful way forward.

OUR STORY



Sidelined USA was co-founded in 2016 by Cade Pinalto, a teen athlete sidelined by a heart condition, and his mother, Christine. They identified a lack of resources available for sidelined athletes and their parents, and together, they started Sidelined USA to support these athletes through the difficult transition out of competing in sport. Sidelined USA serves the community of permanently-sidelined athletes and their parents in three ways: **Resources**, **Connection**, and **New Pursuits**. Sidelined USA helps these athletes make the mental shift and harness their athletic mindset to conquer new challenges.





A GROWING NUMBER OF STUDENT ATHLETES ARE UNABLE TO CONTINUE TO COMPETE IN THEIR SPORT DUE TO CAREER-ENDING INJURIES, HEALTH CONDITIONS, OR REPEAT CONCUSSIONS.

THEY'VE BEEN LOCKED OUT OF THEIR PASSIONS DUE TO CIRCUMSTANCES OUTSIDE THEIR CONTROL.

HOW YOU CAN HELP YOUR PATIENTS

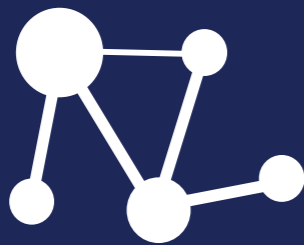


Telling an athlete they can no longer compete in the sport they love is never an easy conversation. Sidelined USA can support you in that difficult discussion. When the athletic dream is cut short for the dedicated athlete, there can be a sense of disbelief, emptiness, confusion, and grief. By sharing Sidelined USA's program brochure with the family, you can offer tangible support to your sidelined athletes and their parents, directing them to free resources that can assist them in processing the devastating news and help them find a meaningful way forward despite their loss. We are here to help you provide exemplary patient care.



RESOURCES

We publish research-based articles and interviews to assist sidelined athletes in a healthy adjustment and psychological recovery.



CONNECTION

We connect sidelined athletes with other sidelined athletes through our online connection groups and our inspiring Sidelined Stories interviews.



NEW PURSUITS

We inspire and equip permanently-sidelined athletes to adapt to their new reality by re-engaging with the sports world through alternate avenues.

WHAT PROFESSIONALS ARE SAYING



“Sidelined athletes can be **LEFT ON AN ISLAND** if they lack direction on how to persevere through a life changing event. Enter Sidelined USA. Educating medical personnel, as well as school and athletic administration that a service such as Sidelined exists can be a **GAME-CHANGER** for all. It can provide a **ROADMAP** for an athlete and his or her family to gain a **POSITIVE PERSPECTIVE** on life with a sense of involvement.”

JASON BANNACK, MS, ATC
VP OUTREACH SERVICES
ATHLETICO PHYSICAL THERAPY



“Having an organization that can **SUPPORT FUTURE EXPERIENCES AND EMOTIONS** for athletes who are no longer able to compete is **VITAL** to keeping the athlete’s internal drive alive. Playing is not the only way to be involved and make a difference in positive ways. That is why **I BELIEVE IN WHAT SIDELINED USA IS DOING** and wanted to **ALIGN MYSELF** with them.”

DR. ANEESH GARG, D.O.
MULTI-SPORT NATIONAL TEAM PHYSICIAN/
SIDELINED USA MEDICAL DIRECTOR

Learn more and request free brochures at:
SidelinedUSA.org/Physicians



GET IN TOUCH

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A SPECIAL THANKS TO OUR FOUNDING PARTNER AND SPONSOR

