

IS YOUR CHILD AT RISK FROM AN UNDETECTED HEART CONDITION?

Don't Assume. **Ask them!**



Passing out or seizure
during or after
physical activity



Chest pain
during
physical activity



Palpitations
or
racing heart



Frequent dizziness
during
physical activity



Unexplained shortness
of breath or fatigue
during physical activity



Sudden or unexplained
death of family member
before age 50



History of
heart disorder in
family member(s)

Preventative care should always include a comprehensive cardiac risk assessment to protect young hearts from sudden cardiac arrest. Consult a physician if one or more of these warning signs is present.



Parent Heart Watch
THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST

ParentHeartWatch.org



epsavealife.org