



Heart Screening Testimonials from Parents & Youth

My son was screened through the foundation and thankfully all was well. **I'll always be in debt to your family since I couldn't afford it at the time** and my son was going through a rough patch with his health. Getting to know his heart is healthy was one of the best moments in my life.
—Lucy Suleiman

I was screened by EP Save A Life my freshman year of high school and found out I have Long QT Syndrome Type 1. From my genetic testing, we found that both my mother and younger brother also have the condition. **From one screening, you saved three lives.** Your foundation and all that it has done for me has inspired me to create a screening program at Virginia Tech, helping to spread such screenings across the country. Thank you for everything you have done!
—Julia Kawas

My thanks to you for turning your pain into something so valuable for other parents and children. **Through your recent screening, we discovered a possibly life-threatening connective tissue disorder in my daughter.** We NEVER would have discovered this risk if it wasn't for your selflessness. THANK YOU!
—Kathy Rogers Siegel

Going to get my son screened a couple of years ago was a great experience. Learned some CPR in addition to getting him screened. **Gives me great peace of mind!** You all are doing a great service for this planet.
—Michele Perchez

I wasn't able to make the screening yesterday, so had all three of our kids get EKGs at Rady Children's Hospital. **Thankfully, I took your advice to screen** because our 11-year-old's EKG was abnormal.
—Trilby Bias

We attended your event in Lakeside in September. **One of my sons was red flagged for a condition we had no idea about.** He has no symptoms but is now scheduled for a consult for possible heart surgery at Children's Hospital. We are beyond grateful for your program.
—Deanna Goldberg

I wanted to take a moment to say what an amazing service you provide and operation you run. I was truly impressed with how well organized it was from directions, to staffing, to the customer service. My son's screening was normal and it really provides a wonderful peace of mind we would not have otherwise had. **Thank you, and to all your incredible volunteers for caring that much about my son's future.**
—Darrin Schwabe

This is an amazing event that all parents should do with their children. **Found out my son has a bicuspid aortic valve.** His heart has to work harder than the average heart, so as he gets older, he may have to have treatment. Without this program, we would have never known.
—Andrea Dean

I cannot thank you enough for the opportunity to present Certificates of Recognition at your screening. You guys were such amazing and inspiring people, that I had to stay around and talk to everyone. If it was not for meeting you and the other volunteers, I would not have been screened and would not have found the abnormality in my heart. **I mean it when I say you guys saved my life** and I could not be more thankful for putting on such an important event.
—Mackenzie Manns, Office of Senator Anderson

My 13-year-old son had consecutive fainting episodes at home one night and after a hospital EKG we were assured he was fine. When we attended your youth heart screening, **he got both an EKG and an echo, the latter revealing a Patent Foramen Ovale (PFO)**—a pinhole between the left and right atrium. We were told there were no restrictions except for scuba diving, which he would have likely attempted one day. We don't have his complete genetic history so cannot be sure about family risk factors that may impact his heart. We can't thank you enough for screening.
—Tony Taliaferro

Miranda's heart problem was discovered by these folks **when her doctor refused to test her** after an incident of tachycardia! Love, LOVE this organization!
—Jane



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Yesterday I brought my children to the free screening at La Jolla High School. I wanted to follow up and let you know how impressed we were with the event. It was exceptionally well organized, and all of the volunteers were terrific. Not only did you provide an invaluable service to the community, **but you did so with the highest level of care and professionalism.**

—Mirle Bussell

I am so thankful for your organization! A friend of mine talked me into going to have my two boys screened because they both participate in sports. I figured I would go for peace of mind. As a result of the screening, I was informed by the head of cardiology at Scripps, who was generously donating his time, that **one of my boys has a congenital heart defect that was detected from the EKG.** Not the result I wanted, but am thankful for the awareness, so we can monitor his heart.

—Christine Hatch

You shared my story about my heart defect. I wanted to take the time to send you all a message to thank you for the work you do and for **helping me discover the heart defect that would've gone unchecked otherwise.**

—Kaelie Rose

This is an awesome service! When we showed up the parking lot was almost full and we thought that it was going to take a while, but we were wrong. **They are so efficient... and helpful,** we were in and out in 30 minutes!

—Mark McPherson

Great organization. **Thank you for turning Eric's story into an epic movement** to help so many teens. Both of my daughters were screened.

—Angela Rowe

When it came to Carson's team sports, the tougher the better. His regular wellness and sports physicals cleared him to play. All he ever cared about was a broken bone. So, the screening seemed unnecessary—until his EKG revealed Wolff-Parkinson-White. **With his level of activity, it was easy to explain away and respond by working harder, thinking he just needed to train more.**

—Karen Leigh-Wells

I registered Ryan for a heart screening that happened to be on her birthday. **She almost didn't go, feeling perfectly fine as a competitive field hockey, soccer and lacrosse student athlete. So, the family was shocked when the screening revealed Ryan had Wolff-Parkinson-White syndrome.** Ryan had a successful cardiac catheter ablation and was back on the field enjoying the sports she loves, and went on to play field hockey in college. Knowing that things could've ended differently had Ryan's condition not been identified early, we have worked to promote youth heart screenings and readily accessible AEDs.

—Allison Healy-Po

Jacob's relentlessly racing heart dominated his sports activities. **Because he was a healthy, active youth, doctors didn't even consider a potential heart condition when they diagnosed his symptoms as sports-induced asthma, until a heart screening revealed Wolff-Parkinson-White.** Jacob's surgery restored his heart and our family has now dedicated ourselves to SCA prevention.

—Diana Li

I have four teenagers and they lost an aunt at a young age to SCA so this team went the extra mile to ultrasound all my teens. **They detected a bicuspid valve on my youngest.** Crazy I never knew he had this. He was a NICU premie so you would think they would have found this. I'm grateful his valve is functioning fine so it's not a real reason for concern, but it is something to keep an eye on.

—Serena Johnson

Thanks for all you do. At one of your screenings, we discovered that **our daughter had WPW.** She had an ablation and is doing fine now.

—Kenneth Serbin

Pediatric cardiologists at this event discovered that **my son, Wyatt, has a congenital heart defect that has never been previously detected by his doctor during any physical exam** (he's 14). Wyatt has played baseball, basketball and golf without ever showing any symptoms of this issue. Only by having this ECG done are we able to have this information about my son's heart health.

—Carrie Cargel



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Your screening identified WPW in our daughter's heart, which was confirmed at Children's Hospital. Words cannot express how much we appreciate the opportunity the Foundation gave our family to detect Sara's heart condition and proceed with evaluation and treatment BEFORE anything happened to her. We had no idea there was anything wrong with her heart.
—Michelle Allison

This screening event saved the life of the oldest son of my friend. They were able to diagnose a heart defect he's had since birth and he was able to have surgery to repair it. While it's been an adjustment for the family to avoid contact sports, Wil is now in college on a D1 cross country team.
—Aimee Teslaw

Because of this foundation I learned how important family history is to a comprehensive heart screening. Sarina's two cousins has sudden cardiac arrests at ages 8 and 15, so I insisted Sarina see a cardiologist to assess her 107 heart rate, and a echo revealed anomalous origin of the right coronary artery. I am certain that had I not been informed and educated about ALL of the risks of SCA, that we would not know Sarina had a heart defect and that I would have went along with her PCP's intent to clear her for sports.
—Natalia Salcedo

My son (who plays high school football, basketball, and volleyball) was screened and found with a bicuspid heart valve. He has since been seen by a pediatric cardiologist, and a plan has been set for future monitoring and treatment. I thank God everyday that this event is offered.
—Kelly Tingle

EP Save A Life helped our Yuma community and hospital get started with its very first heart screening event.
—Lily Kindler

As a result of your screening, we got referred to a cardiologist who administered a 24-hour holter monitor test. I want to thank your foundation for having this great service for the community for making us aware of heart conditions.
—Marlene Bautista

Since the screening, we did follow up at a local children's hospital about her small abnormality which likely won't interfere with sports or continuing an active lifestyle. But it needs to be monitored to make sure nothing is changing or progressing.
—Marisa

Thanks for all you do. At one of your screenings, we discovered that our daughter had WPW. She had an ablation and is doing fine now.
—Kenneth Serbin

After the screening we established my daughter with a pediatric cardiologist. We'll follow up each year. Thanks again for such an awesome event!
—Pam Werner

I truly believed you saved a life. More gushing and love to come after we get through my daughter's open-heart surgery. Screen Your Teen!
—Melissa d'Arabian

Preston learned about SCA in his high school sports medicine class and was motivated to get screened. He was found with hypertrophic cardiomyopathy. The realization that his heart was working overtime to pump blood made sense in retrospect as he never enjoyed physical activity, like family hikes or athletics.
—Tina Ngyuen

I'm a firefighter/paramedic, so I thought I knew about SCA. I was shocked at your heart screening to find Spencer had WPW. He was referred for an immediate cardiac ablation and was told it was lucky the condition was caught early. I used to think annual physicals and sports exams were all that was required but they don't really check your heart. Thank you for saving my son so I could enjoy him for the rest of my life.
—Scott Sherman

We went to Eric Paredes' school, and his death inspired me to get Devin's heart checked. The screening detected Atrial Septal Defect and a symptomless coronary artery anomaly—typically discovered during autopsy. We can't imagine our future had we never done a routine heart screening.
—Erin Lawson