

IS YOUR CHILD AT RISK FROM AN UNDETECTED HEART CONDITION?

Don't Assume. **Ask them!**



Passing out or seizure during or after physical activity



Chest pain during physical activity



Palpitations or racing heart



Frequent dizziness during physical activity



Unexplained shortness of breath or fatigue during physical activity



Sudden or unexplained death of family member before age 50



History of heart disorder in family member(s)

Preventative care should always include a comprehensive cardiac risk assessment to protect young hearts from sudden cardiac arrest. Consult a physician if one or more of these warning signs is present.



Parent Heart Watch
THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST

ParentHeartWatch.org



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