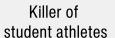
Cardiac Emergency Response Planning

Sudden Cardiac Arrest Facts







Survival rate



Average EMS response time



Brain death begins without intervention



Survival triples with bystander CPR/AED



7X survival with cardiac emergency plan



With AED used in first minutes



The Nevaeh Youth Sports Safety Act requires California youth sports teams to have an AED accessible during practices and games by 2028 with a written cardiac emergency response plan with training for staff, volunteers and players to respond to a sudden cardiac arrest by 2027.

Keep Their Heart In the Game

In 2015, the American Heart Association led a national task force of 12 youth health and safety organizations to develop an evidence-based cardiac emergency response plan for youth facilities, updated in 2024 with Parent Heart Watch and Project ADAM. Our adapted free toolkit outlines a fourstep process for implementing the plan—a vital step towards sudden cardiac death prevention.

Use Our Free Planning Resources

- 1 Customizable one-page cardiac emergency action plan
- 2 Tools to train and drill your plan
- 3 Messaging to communicate plan to your teams
- Tips to comply with AED ownership



GET THE TOOLKIT