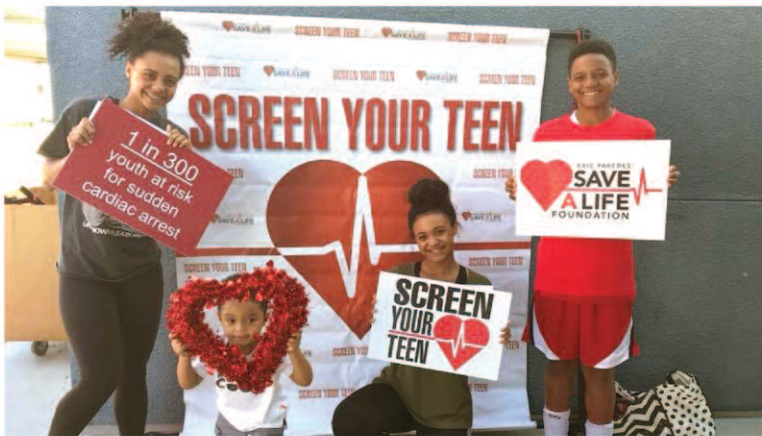
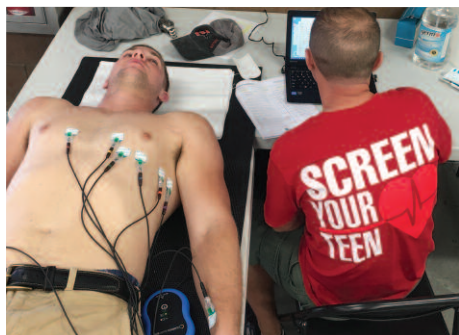




ERIC PAREDES SAVE A LIFE FOUNDATION • 2017 ANNUAL REPORT

Free Heart Screenings

Eric's Foundation provides free screenings to youth age 12 to 25 to identify cardiac abnormalities that put 1 in 300 at risk for Sudden Cardiac Arrest. Screenings are not part of standard well-child checkups or pre-participation sports physicals, even though it's the #1 killer of student athletes and significantly contributes to the #2 medical cause of death under 25. Screenings include a cardiac risk assessment, EKG (electrocardiogram), echocardiogram if indicated,



and a consultation with a cardiologist. Screenings are supported by hundreds of volunteers annually, including cardiologists, RNs, student nurses and high school youth.

Cardiac Chain of Survival Training

We provide interactive demonstrations of hands-only CPR and how to use an automated external defibrillator (AED)—the only life-saving measures once SCA strikes. Training is part of every screening plus special events. 2017 collaborations included Southwest Sports Wellness Foundation, San Diego State University, the San Diego Gulls and P.L.A.Y. Campaign at Petco Park with the San Diego Padres.



Awareness

EP Save A Life provides free resources that educate parents and all adults working with youth about potential warning signs, preventative heart screenings, CPR, AEDs and cardiac emergency response plans. The foundation uses digital, social and media to raise awareness of the true incidence of SCA in youth and how everyone can be prepared to save a life through primary and secondary prevention.

Heart Screenings

**4 high schools & 2 universities*

	Free Screenings	Youth Screened	Abnormalities	At Risk
2017	6*	3,858	36	15
To Date	42	27,957	439	189

AEDs

	AEDs Placed	Population Served
2017	32	29,987
To Date	42	35,587

CPR/AED Demonstrations

Events	People Trained
10	12,124

Youth Screened

- 48% from low to moderate income households
- 55% diverse student population
- 56% not aware of incidence of SCA in youth
- 45% female
- 81% student athletes in school/community sports

In-Kind Support

Volunteers	Hours	Value of Services
860	5,641	\$227,307

Awards

- High School Sports Association "Community Support Award"



WHAT WE DO

2017 HIGHLIGHTS

Cardiac Emergency Preparedness

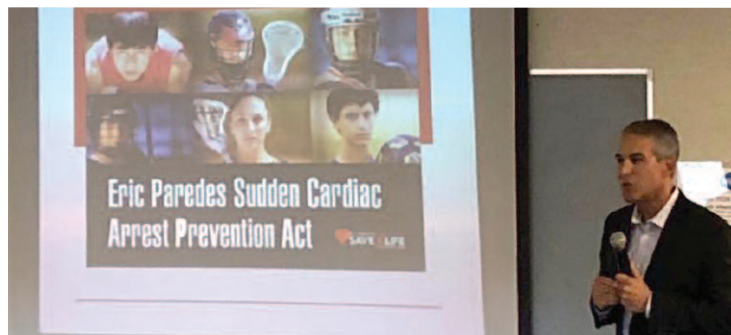
Eric's Foundation places AEDs in California schools and advocates for the implementation of cardiac emergency response plans anywhere youth congregate. Every minute's delay decreases the chance of survival by 10%, which is why 92% of SCA victims die. Given SCA is the leading cause of death on school campuses, it's critical for school communities to be as well-practiced in executing the cardiac chain of survival as they are fire drills. AEDs are funded by donations, grants



and a generous sponsorship from MBarC Construction for the Save A Heart, Save A Life AED Program.

Advocacy

Enacted in 2017, the Eric Paredes Sudden Cardiac Arrest Prevention Act mandates new coach training, SCA awareness and athlete removal from play protocol in California's K-12 public, private and charter school-sponsored sports activities. Information about SCA prevention practices will now be included in the 2019 revision of the California Health Education Framework for California Public Schools, an educator's guide to implementing curriculum content standards developed by the California Department of Education.



signs of a heart condition, risk factors, the importance of pre-views media plus events and podiums as platforms to raise secondary prevention strategies.



2017 FINANCIALS

Income	2017
Individual Contributions	103,259
Grants	126,204
Sponsorships	7,000
Special Events	23,312
Indirect Income	2,119
Other Income*	80,289
TOTAL	\$342,183
Operating Expenses	2017
Administration	38,602
Fundraising	7,831
SUBTOTAL	\$46,433
Program Expenses	2017
CPR/AED Program	647
Equipment Maintenance	0
Equipment Purchase	58,993
SCA Awareness	18,194
Liability Insurance	1,560
Outreach	28,666
Program Coordination	87,320
Heart Screenings	22,584
Program Expenses	2,426
SUBTOTAL	\$220,390
TOTAL EXPENSE	\$266,823
NET INCOME	\$75,360

*Gain attributed to liquidation of donated stock to the Eric Paredes Save A Life Foundation. Net income will support a long-term strategic plan being developed in 2018 to advance sudden cardiac arrest prevention statewide.

Vision

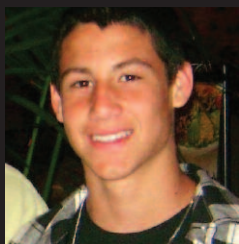
We envision a world where families in all communities are spared the tragedy of losing a child to sudden cardiac arrest.

Mission

Through awareness, education and action, our mission is to influence families, educators, policy makers and the medical community to recognize the incidence of SCA in youth and the importance of preventative heart screenings, equipping schools with automated external defibrillators (AED) and CPR/AED training.

Our Purpose

- Facilitate awareness and education of the signs and symptoms of SCA
- Coordinate annual heart screenings to identify youth at risk
- Connect at-risk youth to medical and emotional support services
- Outreach to diverse and underserved youth
- Encourage CPR/AED training in the Cardiac Chain of Survival
- Place AEDs in schools and youth centers in need
- Facilitate the implementation of Cardiac Emergency Response Plans
- Advance SCA awareness and prevention legislation in California
- Contribute to the national dialogue on SCA prevention in youth



Eric's Story

Eric was a healthy teen looking forward to being on Steele Canyon High School's varsity wrestling team. An outgoing, energetic, charming young man who loved life, his family and his friends, Eric was known for his smile. He was passionate about making changes so that the world could be a better place. He wanted to be a police officer.

In July 2009, Eric was packing for a much-anticipated family vacation. His mother left the house for an appointment and his father came home for lunch 20 minutes later. He found Eric collapsed on the kitchen floor and started CPR, but it was too late. Eric became a victim of Sudden Cardiac Arrest. Life changed that day, forever.

Eric's parents, Hector and Rhina, established the EP Save A Life Foundation to honor Eric by helping to protect other families from the tragedy of losing a child to a syndrome that could be prevented.

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Rhina Paredes-Greson, Vice President and Board Chair

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