



2025

ANNUAL REPORT



OVERVIEW



Vision

It is our vision that sudden cardiac arrest will be exposed as a grave and overlooked health risk affecting young people, which will lead to mandatory cardiac screenings and the required placement of AEDs and cardiac emergency response plans and training in youth-centered programs.

Mission

Through awareness, education and action, our mission is to influence families, youth, educators, sports programs, elected officials and the medical community to recognize the incidence of sudden cardiac arrest in youth, to support the standardization of prevention protocol at home, in school, on the field and at the doctor's office, and to empower youth to become the next generation of life savers.

2025 HIGHLIGHTS



2,277

Young Hearts
Screened



18

Youth Found At
Risk of SCA

AB 310 Passed

Youth sports teams must
have cardiac plan, and
coach trained in CPR & AED

OUR PROGRAMS

SCREEN YOUR TEEN

- Surpassed 45,000 hearts screened milestone
- Has identified at least 301 abnormalities that put a child at risk of sudden cardiac arrest
- Served West Hills High School, El Capital High School, Hoover High School, Jackie Robinson YMCA, Granger Junior High School, and Escondido Charter in 2025

KEEP THEIR HEART IN THE GAME

- Completed AED Loaner program in advance of AB310 passing - we engaged 60,350 youth sports team coaches, parents and players in Sudden Cardiac Arrest prevention
- Donated 10 AEDs to City SC

SMART HEARTS (SCHOOL CURRICULUM)

- 4,300 youth to date have taken our online course
- Presented at the HOSA Fall Leadership Conference

PRESCRIPTION FOR PREVENTION (MEDICAL EDU)

- 1,312 medical professionals have taken our course on sudden cardiac arrest

LEGISLATION ADVANCEMENT

- Sponsored AB310 that passed in 2025
- Recognized by California Assembly for our work to protect young hearts

THANK YOU

We are a small but mighty team at Eric Paredes Save A Life Foundation. Our work to prevent sudden cardiac arrest in youth is only possible because of dedicated community members like you. We want to thank our supporters and sponsors for donating their time and resources to make our mission possible.

David C. Copley Foundation
Grossmont Healthcare District
Advocates for Injured Athletes
Nth Generation
Ripples4 Ever
Scripps Health

Walter J. and Betty C. Zable Foundation
TCW Global & BoujieMana
Onvida Health
Dome Construction
Jersey Mike's Subs
Paragon

And hundreds of generous individuals and community members who contribute to our organization.

2025 SUCCESS STORY



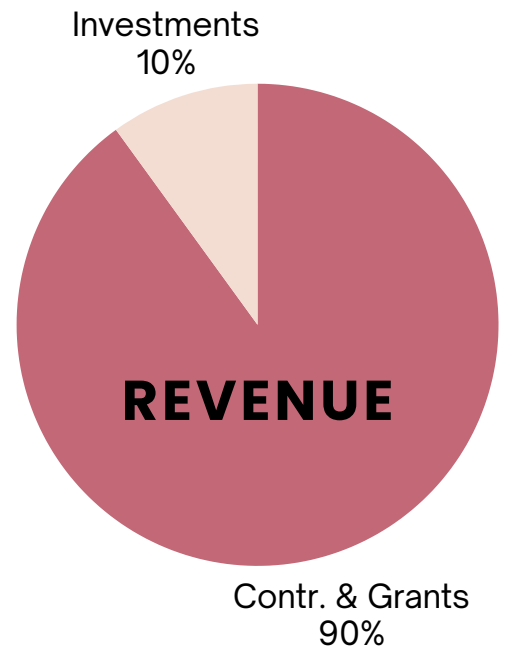
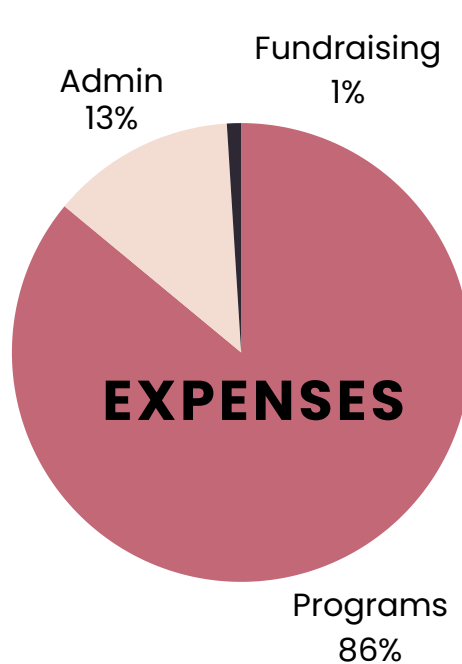
I wanted to reach out and give you an update on Alyssa, she had a successful ablation today to correct the extra electrical circuit in her heart (WPW). I'm happy to share she is resting comfortably and the risk of her experiencing a sudden heart related event have diminished significantly.

Thank you for helping host these events and most importantly thank you for following up on Alyssa's screening. If you hadn't done that we wouldn't be where we are now. I appreciate your care and concern in helping ensure families understand their results and what to do next.

This smile is everything to me and I was so happy to see it on the other side of the operating room today!



FINANCIALS



MEET OUR TEAM

Board of Directors, pictured from top to bottom:
Hector Paredes, President
Rhina Paredes-Greenson, Vice President
Dr. John Rogers, Medical Director
Allison Healy-Poe, Board Chair
Chris Brady, Board Secretary
Steve Lykins, Board Treasurer

In early 2026, we also welcomed our new Executive Director, Amanda Baumann (pictured on the right). Amanda joins us as a seasoned nonprofit professional, with over 15 years of experience working for nonprofits in San Diego County.

